

Covid-19 Guidelines for SVM and VMTH

STANDARD OPERATING PROCEDURE (SOP)

Type of SOP: Process/Equipment Hazardous Chemical Hazardous Class

All personnel who are subject to these SOP requirements must review a completed SOP and sign the associated training record. Completed SOPs must be kept with other training records. Electronic access is acceptable.

Date SOP Written: 11/2/22 Approval Date: 11/9/22

SOP Prepared by: Maura Ferrero and Krisztina Forward

SOP Reviewed and Approved by (name/signature): UC Davis Safety Services & SVM and VMTH Leadership

Department: _____

Principal Investigator/
Laboratory Supervisor: _____ Phone: _____

Lab Manager/
Safety Coordinator: _____ Phone: _____

Emergency Contact(s): _____ Phone: _____

Location(s) Building: _____ Lab
covered by SOP: Room #(s): _____ Phone: _____

1. HAZARD OVERVIEW

COVID-19 is a highly contagious virus that is spread through droplets when an infected person coughs or sneezes. The hallmark symptoms of COVID-19 are a fever and dry cough.

UC Davis' [public health policy \(Interim 290-01\)](#) aligns with current county, state and CDC guidance. This policy outlines requirements that all affiliates must follow, to reduce the spread of COVID-19 on property owned/leased by UC Davis.

2. ADDITIONAL INFORMATION

- **Follow** any State/County/Campus/SVM Specific health guidelines.
 - CA State - <https://covid19.ca.gov/>
 - Yolo County - <https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/communicable-disease-investigation-and-control/covid-19>
 - UC Davis Campus Ready - <https://campusready.ucdavis.edu/>
 - UC Davis Safety Services - <https://safetyservices.ucdavis.edu/coronavirus>
 - SVM/VMTH – newsletters, emails to staff, school-wide announcements from campus leadership
- **Complete Daily Symptom Survey** - <https://campusready.ucdavis.edu/symptom-survey>
- **Stay at home if you are sick!** Signs of COVID-19 can include (note: this is not an all-inclusive list): fever, muscle pain, cough, headache, shortness of breath or difficulty breathing, sore throat, chills, new loss of taste or smell, repeated shaking with chills). More information available on the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/about-covid-19.html>
- **If you are Covid Positive** - you can check campus quarantine and isolation guidelines for next steps (<https://campusready.ucdavis.edu/testing-response/quarantine-isolation>)
- **You are responsible for notifying** close contacts and must report to campus Occupational Health <https://campusready.ucdavis.edu/testing-response/contact-tracing>
- **Please adhere to any county/state public health orders in effect and campus vaccination requirements** <https://campusready.ucdavis.edu/covid-vaccination>

3. HELP STOP TRANSMISSION BY DOING THE FOLLOWING:

- **Cough** or sneeze into a tissue if you can. If not, cough into your sleeve near your elbow. Discard any used tissues in the trash and wash your hands immediately afterwards.
- **Wash** your hands thoroughly with soap and water for a minimum of 20 seconds before starting work in the laboratory. Wash hands similarly before leaving the laboratory at the end of your shift.
- **If** you use hand sanitizer, use a dime-sized amount of hand sanitizer and rub over your hands for at least 30 seconds. If it dries before then, you probably need to use a little more. The alcohol content should be between 70 and 90% to be most effective.
- **Do not** touch your face (eyes, nose and mouth).
- **Sanitize** areas as needed.

